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BEACH VACATION

PACKING LIST

DATE:_____

	FOR A WOMAN	\checkmark
1	T-shirts x2	
2	Tank Tops x4	
3	Shorts x3	
4	Dresses x2	
5	Sandals/flip flops	
6	Running Shoes	
7	Underwear x7	
8	Socks x3	
9	Bras x2	
10	Bathing Suit x2	
11	Bathing Suit cover up	
12	Pajamas x1	
13	Sweater for plane or cool nights	
14	Comfy pants or leggings	
15	Sun hat or baseball cap	
16	Sunglasses with case	
	FOR A MAN	\checkmark
17	T-shirts x 5	
18	Polo shirt x1 (for a night out)	
19	Shorts x3	

20	Swim Shorts x2	
21	Underwear x7	
22	Socks x3	
23	Sunglasses and case	
24	Hat	
25	Running shoes	
26	Sandals/Crocs	
27	Jogging pants	
28	Hoodie sweater	
	FOR KIDS	\checkmark
29	T-Shirts x7	
30	Shorts x4	
31	Bathing Suit x3	
32	Swim shirt / Rash guard	
33	Pajamas x3	
34	Pants xl	
35	Sweater	
36	Crocs or sandals	
37	Underwear x7	
38	Socks x3	
39	Dress x1 (for girls)	

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family of Adventures

BEACH VACATION

DATE:_____

	PACKING LI	ST
40	Sun hat or baseball cap	
41	Favorite stuffed animal	
	TOILETRIES	\checkmark
42	Shampoo	
43	Conditioner	
44	Body Wash	
45	Face Wash	
46	Lotion	
47	Face Cream	
48	Brush/Comb	
49	Hair Elastics	
50	Hair styling products	
51	Toothbrush	
52	Toothpaste	
53	Deodorant	
54	Ear Plugs	
55	Night Light	
56	Sunscreen	
57	Razor	
58	Baby wipes	
59	Lip Balm	

60	Makeup	
61	Bug Repellant	
	FIRST AID SUPPLIES	\bigcirc
62	Hand Sanitizer	
63	Bandaids	
64	Lysol Wipes	
65	Tissue	
66	Ibuprofen (adults and kids)	
67	Acetaminophen (adults and kids)	
68	Anti-Nausea Medication	
69	Polysporin (for cuts)	
70	Anti-Allergy Medication	
71	Cough candies	
	EXTRAS	
72	Passport	
73	ID (Drivers license if renting a car)	
74	Credit card	
75	Cash	
76	Phone and charger	
77	Headphones (for every traveler)	
78	Refillable water bottle	

family of Adventures



BEACH VACATION PACKING LIST

DATE:_____

79	Book	
80	Kids Tablet / IPad for travel on the plane (and chargers)	
81	Snacks for traveling (I like easy to pack things like granola bars)	
82	Buckets and Shovels	
83	Goggles	
84	Neck Pillow and Blanket	
85	Beach Toys	
86		
87		
88		